

As we move into the summer season, we all will be experiencing our typical summer activities and routines a bit differently. Our department is no different, as we are facing challenges to provide recreation opportunities for this wonderful community. The Town of Sullivan Parks & Recreation Department has been hard at work making modifications to our programming so the community can still participate in the programs they enjoy. We hope that you are up to experiencing recreational programming that is nontraditional, and virtual as we put the health and wellness of the community as our top priority.

Many of our beautiful park amenities may be closed for the time being, but get out and enjoy the parks, go for a walk on that trail you've never been on, grab some green space and take in the nature you're surrounded by. Enjoy the opportunities available to you and your family in our current state of affairs. We look forward to returning to normal, but we will make the best of the current "normal"

We are all in this together!

Peter Bardou
Parks & Recreation Director



PARKS & RECREATION

707 Legion Drive Chittenango, NY 13037 315-687-3471 https://sullivan.recdesk.com

Not familiar with Zoom? Check out this link we provided to help you!



https://www.voutube.com/watch?v=d7xXZxRDFUU

Not familiar with Google Drive? Check out this link we provided to help you!

https://youtu.be/P7555XLfHgs







# Summer Virtual Programming

**PARKS & RECREATIO** 



### **Adult Zoom Paint Party with BCreations!**

Ages 16 and up

THU June 25 6:00-8:00 pm

\$35.00 residents/\$45.00 non-residents Deadline June 22 at noon or until full Minimum 3. Maximum 20

Join Brianna Corsini (a local artist) for

a Zoom Paint Party with BCreations! Fee includes 16"x20"canvas, a set of paint brushes, paint colors required for event, and the ZOOM access code to join the party virtually in your own home! No experience necessary! In this class, Brianna will walk you through, step by step, to create the featured painting pictured At the end of the class, you will have your own masterpiece and be amazed that YOU created it! Get your friends to join you for this Zoom BCreations Paint Party. Limited spots available! You will be emailed before the class with the zoom information. Painting kits can be picked up at the Parks & Rec building. Call to schedule to pick the kits up.

### Kid's Zoom Paint Party with BCreations!

SAT June 27 11:00 am-12:30 pm

\$30.00 residents/\$40.00 non-residents

Deadline June 24 at noon or until full

Minimum 3, Maximum 20

Join Brianna Corsini (a local artist) for a Zoom Paint Party with BCreations! Fee includes 11"x14"canvas, a set of paint brushes, paint colors required for event, and the ZOOM access code to join the party virtually in your own home! No experience necessary! In this class, Brianna will walk you through, step by step, to create the

featured painting pictured above. At the end of the class, you will have your own masterpiece and be amazed that YOU created it! Get your friends to join you for this Zoom BCreations Paint Party. Limited spots available! You will be emailed before the class with the zoom information. Painting kits can be picked up at the Parks & Rec building. Call to schedule to pick the kits up.

**Scavenger Hunt** 

All ages

MON'S June 29-Aug 7

providing random scavenger hunts to do by yourself or with your family. Every Monday for 6 weeks, there page to print out and complete at your own leisure. Take a picture to post on our Facebook page when

### Story Time Trail

All Ages

**WEEKLY July 6-Aug 10** 

Sullivan & Chapman Parks during park hours **FREE** 

Follow the Story Time Trail! Participants will read a different book each week and go to the park and follow posted on a trail in the park. Take a picture and post to our Facebook page so we know you were there and to encourage others to go. A fun, free and (don't tell the kids) educational opportunity.



### **Miori Martial Arts Zoom Program**

Ages 5 and up
TUE June 30-Aug 4
3:30-400 pm

Single Participant \$30.00 residents/\$40.00 non-residents Family \$40.00 residents/\$50.00 non-residents

Deadline June 29 at noon strictly enforced

Minimum 8, Maximum 20

Kick into ACTION ZOOM Style!! This 30 minute zoom Martial Arts program is designed to help build your child in all aspects of their lives. Each class is taught with positive reinforcement and they are a ton of fun! This introductory program is designed for beginners, and participants will have an opportunity to earn their first belt (white) and Achievement Certificate during the course. All programs are taught by certified Black Belts and overseen by Master instructors.

Important Note: Limited spots available! You will be emailed before each session with the zoom information.

### Play at Home, Stay at Home

Ages 5-12 July 6-July 31

\$25.00 residents/\$35.00 non-residents

Deadline-First come, first serve-Maximum of 60 participants

Play at home, Stay at Home! Town of Sullivan Parks and Recreation Playground Program like many programs around the state will be different this summer. This 4 week program will feature Play at Home, Stay at Home kits. Each week will have a different theme, and the kits will have activities associated with those themes. The kits will include 4 Theme weeks' worth of crafts, sports and activities, rainy day activities, suggestions for field trips (in person and virtual), and more. All participants will also be able to join the private Play at Home, Stay at Home Facebook page.



#### **Fun Fitness Trail**

All Ages

**WEEKLY July 6-Aug 10** 

Sullivan & Chapman Parks during park hours FREE

Do you enjoy being outside with your family, but are looking for something different to do while taking walks? Head out to Sullivan or Chapman Park and follow our Fun Fitness Trails or Monday Mile signs or just do your own thing! Take a picture to post to our Facebook page so we know you were there and to encourage others to go.

### Home Court Advantage with Coach Mac

Grades 3-5 and Grades 6-8

**TUE July 7-28** 

\$20.00 residents/\$30.00 non-residents

Deadline July 6

Minimum 5

Do you love to play basketball? If you do, here's your chance to build your skills by practicing some of the fundamentals of the game with instructional videos by Shimel McDonell. Each Tuesday for 4 weeks, all participants will be emailed a video focusing on the fundamentals of the game and drills to do at home. Participants will be asked to send a video back on Thursdays to show the skills they have learned and any questions participants might have. Coach Mac will send feedback and answer questions before the next class. Participants will have to have access to email and google drive to get instructional videos.



## Plan a Meal with Jen Series

All Ages
THU Starting July 9-Aug 13

2:00 pn

FREE (Ingredients not included)

Grab your family, your apron, and your cooking skills for Plan a Meal with Jen Series! Check out our Facebook page every Monday to see what recipe that we will be featuring on Thursday and what ingredients you will need! Let us help you to create a fun meal for your family to make and enjoy! "Bon Appetite"

Note: All Plan a Meal with Jen videos for this series will be Free on our Facebook page. Ingredients not included.

#### Virtual Start Smart Baseball

Ages 4 & 5

Pick up your kit Starting Wed July 15

\$42.00 Residents/\$52.00 Non-residents

**Deadline July 5 strictly enforced** 

At home parent-child based class teaching the fundamentals and proper techniques for the sport of baseball. All participants will be given a kit with equipment to keep, an instruction manual and instructional videos that will be available on google drive for all participants so that you and your child are able to view and practice at your own leisure. Kits can be picked up at the Parks & Recreation Dept. Call to schedule a time to pick them up. Please indicate whether your child is right or left handed.



### **WAYS TO REGISTER!**

- ♦ Register online at https://sullivan.recdesk.com with a credit card!
- Mail your registration form and check payable to the Sullivan Community Council at 707 Legion Drive, Chittenango, NY 13037
- ♦ If none of the above ways to register are convenient for you there will be a drop box installed at the Parks & Rec. Bldg. outside the main entrance to drop off your registration form and payment in a sealed envelope. Please DO NOT leave cash!

### Sullivan's Next Top Pet!

All Ages Week of July 20-24

FREE

reativity and your pet family members! Over the course of the week, we invite and encourage the community to send us pictures of your dressed up/costumed pet family members. All



contestants will be judged based on categories and the winners will be announced the week after on our Facebook page! All entries can be emailed to jsmiley@townofsullivan.org.

### Adult ZOOM

### **Tranquil Terrarium Class**

Ages 16 and up

WED July 15-6:00 pm

\$30.00 Residents

\$40.00 Non-residents

Deadline July 8 at noon or until full

Minimum 3, Maximum 20

In these times, having something tranquil is just what is needed. Join Olive Branch Flower & Gift Shoppe for a Tranquil Terrarium Class on ZOOM. Kits will include, 8" bubble bowl, 2" plants (plants will be assorted and determined based on availability), rocks and the ZOOM access code to join the party virtually! Ask your friends to join you and have a zoom party making tranquil terrarium! Limited spots available! You will be emailed before the class with the zoom information. Terrarium kits can be picked up at the Parks & Rec building. Call to schedule a time to pick up your kit.

### Kid's ZOOM Fairy Garden Class

Ages 7 and up

WED July 22-6:00 pm

\$30.00 Residents

\$40.00 Non-residents

Deadline July 15 at noon or until full

Minimum 3, Maximum 20

ZOOM your way to making your own magical Fairy garden with Olive Branch Flower & Gift Shoppe! Fairy Garden kits will include, container, succulents/plants (succulents/plants will be assorted and determined based on availability), soil, decorative items, and the ZOOM access code to join the party virtually! Ask your friends to sign up for this Zoom Fairy Garden class. There are limited spots available! You will be emailed before the class with the zoom information. Fairy Garden kits can be picked up at the Parks & Rec building. Call to schedule a time to pick up your kit.

### Sullivan Parks & Recreation Department/Sullivan Community Council 707 Legion Drive, Chittenango, NY 13037 <a href="https://sullivan.recdesk.com">https://sullivan.recdesk.com</a> 315-687-3471

### **YOUTH & ADULT REGISTRATION FORM**

ADULT PARTICIPANT-PARENT/GUARDIAN INFORMATION

Name	Phone (Cell)		(Home)	(Wor	(Work)				
Name	Phone (Cell) (Home) (Work)								
Address	City			S	StateZip:				
E-mail Address(s)									
Would you like to receive informational emails regarding upcoming programming and events? YESNO									
Emergency Contact Name-(NOT in same household)				Phone Number	Relations	Relationship			
Would you be interested in volunteering or coaching? Are you a Town of Sullivan Resident?									
T-SHIRT SIZES ARE – YM; YL; AS; AM; AL; AXXL									
Participant Name (Youth or Adult)			Program Name		Session Date	Fee			
Name of Authorized Person (In addition to Parents) to Pick Up Child				Phone Number	Relations	Relationship			
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Release of Minors: I, the undersigned, give complete permission to the below named person(s) to participate in the Town of Sullivan/SCC program listed below, and certify that all information on this form is complete and accurate. As the parent/guardian of the below named minor(s), I hereby give my consent for emergency medical care prescribed by a duly licensed Doctor of Medicine. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of my dependent.  Adult Program Release: I hereby certify with my signature below that I will accept full responsibility and intend to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against the Town of Sullivan Community Council, Chittenango Central School District, volunteers, employees, building supervisors, program supervisors, assignees and agents for all injuries suffered by me in said program. I acknowledge that the Town of Sullivan Parks & Recreation Dept. strongly recommends that I have a complete physical examination (at my own expense) to determine my fitness to participate and I assume full responsibility for possible consequences if this is or is not done. I also attest and verify that I am physically fit to participate in the below named program.  Statement of current medical conditions, allergies or medications:  Do you need special accommodations?  Photographs may be taken of recreation programs and used for marketing purposes. Initial if you do NOT authorize:  REFUND POLICY No refunds will be given if requested after the program start date. If a refund is requested before the program start date, the refund amount will									
prorated depending on how much cost has already been incurred to the program.  Convenience/processing fees associated with credit card payments cannot be refunded, even if a program is cancelled by the department.									
SIGNATURE: DATE:									
OFFICE USE ONLY: Amount Collected:Method of Payment: cash check credit card Staff Initials:  CREDIT CARD INFORMATION: *All credit card transactions will be charged a 3%, plus \$0.30 convenience fee. This fee is not refundable, even if a program is cancelled by the department.									
Name on Card:				Billing Zip Code:					
Card Number:					Exp. Date: Sec Code:				
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